(incle epenina aster Pentecost

Behold! Be alert for Tesus risen, actively present and among us today,

"They came together that evening in the usual place, and shut the doors securely against the terror that moved like a dark sea in their own hearts. And suddenly he was there in the room. They knew it was he by the sudden change within themselves; there was no need for further evidence.

"Peace be with you," he said, and the I AM was a flame in their hearts. He moved from one to another, as on the evening when he had washed their feet, but this time he breathed upon each face. Then He was gone, and when they looked once again at one another, each face was shining from within. Afterward, all they could say was "We have seen the Lord."

"Jesus' greeting to the gathered disciples, "Peace be with you," signifies the gift which he is conferring upon them. The word *shalom* signifies a state of well-being of the whole person, which embraces body and soul; it is a communion with Jesus' own fullness of life, the **I AM**, as he breathes the divine Spirit into them."

Is communion with Jesus' I AM the grace of Easter? Bruno Barnhart.OSB Cam.

If Christ is Omega, nothing is alien to the building up of Christ's mystical body. Look no matter where, at any activity you please, however, humble and unobtrusive it be, it still--so long as it is carried out with a view to unification— is immediately assimilated for all time by all that is best in it by the total Christ. Whether the task to which I am tied by the circumstances of the present moment, be commonplace or sublime, Christ is waiting to receive its fruit. Teilhard de Chardin

Love is simply too profoundly human to be solely human. Love is so profoundly human that it testifies to the depths in which we are more than human, in which we transcend our humanity. And isn't transcendence the profoundest expression of the essence of humanity?

SO ... Is human LOVE the fullest expression of Resurrection? Tomas Halik

It's all about relationship: Through meditation, you learn to attune to the stillness you dwell in and to listen deeply from this place to your inner self and outer environment. With greater connection to stillness, you have more availability, more space, from which to presence your world: you can tune in and listen more fully to yourself and others. Greater availability allows you not only to absorb what I share with you, but to make space for me within you. Thomas Heubl

SEEN

Jan Richardson

You had not imagined that something so empty could fill you to overflowing,

and now

you carry the knowledge like an awful treasure or like a child that curls itself within your heart:

how the emptiness will bear forth a new world you cannot fathom but on whose edge you stand.

So why do you linger? You have seen, and so you are already blessed.

You have been seen and so you are the blessing.

There is no other word you need. There is simply to go and tell. There is simply to begin.

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PRACTICE RESURRECTION

In light of all the challenges of this moment in our nation's history, what does the Resurrection Mystery call you to faithfully practice today?

If YOU are the blessing of the risen Christ, one with the I AM, can you shine Light and Peace into the struggles of this day?

If you are drawn to it, you might practice bodily tuning in to yourself and others during each day.

What is it like to make space for another person within yourself?

Oh, what do we do with so great a Love, so great a Love, so great a Love?