

In this birth

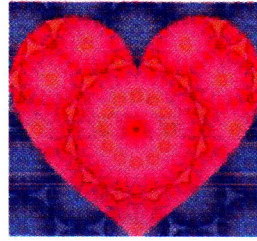
you will discover all blessing.
But neglect this birth
and you neglect all blessing.

Tend only to this birth in you
and you will find there
all goodness and all consolation,
all delight,
all being and all truth.

This birth takes place
in darkness. And not only is the
Son of the heavenly Creator born
in this darkness—but you, too,
are born there as a child
of the same heavenly Creator
and none other.

And the Creator extends this
same power to you:
out of the divine maternity bed
located in the Godhead,
to eternally give birth.

—Meister Eckhart (Fox, 1983)



Opening the Heart's Door

Ours is not the work
of seeking You here or there
where we think you might be,

but of opening the heart's door,
and when we do this
You cannot resist coming in,
since our opening
and Your entering are one:

You knock and wait and
when we open we find that
You were there all along
and You will not leave us.

—Meister Eckhart (Sweeney/Burrows, 2017)

Song: May the Christ Light shine in you ...in me.

And together we will shine with God's love to the world

Two daily practices:

***In prayer, rest in God:** It would help your sense of well-being to gift yourself with 5, 10, 15, 20 minutes once or twice a day to sit absolutely still and center yourself in God, in Love, in Presence. (Centering Prayer).

***As you go about your day, attune** to the intimate Presence with abiding awareness—as you cook, clean the kitchen, spend time with loved ones, do your Christmas shopping, travel through the airport.

Jesus House, 12/9/2019 with Kaye and Liz (lizsweeney059@gmail.com)

The Birth of Christ in our Hearts

HOW DOES THIS BIRTH TAKE PLACE?



GOD IS UNEXPLAINABLY BORN IN OUR HEARTS moment by moment, breath by breath. In order to discover that, we must leave the noise and business of the inn, finding our way in the dark back to the stable. We have to enter into the humility, patience and delicate nature of what's unfolding in our hearts to discover how God is being born in our lives. We are asked to bring this delicate simplicity into the world.

—James Finley

What is my name? What is your name? What is God's name?

Our name is—that we must be born.

And the Creator's name is—to bear.

The soul alone among all creatures is generative like God is.

We are all meant to be mothers of God. — Meister Eckhart (1300)