

## *The Beautiful Not Yet*

Do you see, do you see, do you see it

Take a breath,  
Oh, the restlessness,  
The beautiful not yet.  
There's a stirring,  
There's sweetness,  
At the edge of in between.

I feel it nearly trembling.  
The restlessness,  
The quickening,  
The almost but  
Not yet.

Carrie Newcomer



## *I Wonder* Derek Tasker

I wonder what would happen if  
I treated everyone like I was in love  
with them, whether I like them or not  
and whether they respond or not and no matter  
what they say or do to me and even if I see  
things in them which are ugly twisted petty  
cruel vain deceitful indifferent, just accept  
all that and turn my attention to some small  
weak tender hidden part and keep my eyes on  
that until it shines like a beam of light  
like a bonfire I can warm my hands by and trust  
it to burn away all the waste which is not  
never was my business to meddle with.

Collectively we're moving toward the fullness of love;  
but every time you and I hate, fear, compete, attack,  
judge, separate—thus avoiding the necessary letting  
go—we're resisting the full flow of love, the energy that  
is driving the universe forward.

—Bruce Sanguin

## *Daily transformative practices for January and February*

For \_\_ minutes, maybe a few times daily, I abide in silent, warm, heartfelt presence to my own heart, my I AM. This is Presence to You. We share one life; we are One. Interbeing is the deep reality.

Throughout the day, may I bring this same warm, heartfelt Presence to every person: I AM—May WE BE! This leads to interrelationship, friendship across every boundary. We are challenged to create relationships everywhere. Interbeing is the deep reality.

May I bring this same warm, heartfelt Presence to every experience. Welcome everything as part of the journey of love and transformation.